

Correlation of Hand Ischemic Questionnaire with Digital Brachial Index In Patient with Upper Arm Native Arteriovenous Fistula

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Introduction: Steal syndrome is one of the most feared complications in maintaining arteriovenous fistula (AVF) for hemodialysis. The incidence of steal syndrome in worldwide is estimated to be 0.5-5%. There are various non-invasive examinations to assess the degree of stealing, one of which is the digital brachial index (DBI). In this study, subjects with brachiocephalic AVF were assessed by the hand ischemic questionnaire (HIQ) to assess the manifestations of steal syndrome complained by the patient, which are the sensation of cold, pain, the decrease in sensation and strength, and cramps. The literature about the correlation of DBI with other assessment is still limited.

Method: The subjects of this study were all patients undergoing hemodialysis with upper arm AVF at Cipto Mangunkusumo Hospital in the period May - June 2019. Patients will be asked about various symptoms of stealing syndrome, the severity, and also frequency, according to HIQ. The scores were then calculated, followed by scores of DBI measurements using a plethysmograph. The DBI values that considered to be meaningful as stealing syndrome were <0.6. The correlation between the two parameters was then analyzed.

Results: From demographic data, characteristics of patients with native AVF by sex were 37 (46.2%) men and 43 (53.8%) women with an average age of 53 years. The minimum value of the HIQ score was 0, and the maximum value was 70, with a median value of 3. The correlation test between the total value of the HIQ questionnaire score and the DBI value found a significant correlation ($r = -0.0798$, $p < 0.001$). A diagnostic tests was performed between HIQ scores using a cut-off value ≥ 50 with a DBI value <0.6 as a reference. It was obtained a sensitivity value of 15.3% and a specificity value of 100%, with a diagnostic accuracy of 58.75%.

Conclusion: There was a good correlation between HIQ and DBI in patients undergoing hemodialysis using upper arm native AVF. The use of HIQ as a screening tool in native upper arm AVF patients is less recommended, but its use for patients who are suggestive of stealing syndrome has good specificity results.

Keywords: digital brachial index, hand ischemic questionnaire, native arteriovenous fistule upper arm.

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INTRODUCTION

End-stage renal disease (ESRD) is a terminal condition with increasing in prevalence. With the need for hemodialysis, making vascular access also causes other comorbidities in the patient, especially when the access experiencing complications. In the United States, 25% of patients with vascular access (arteriovenous fistula (AVF), AV graft, or central venous catheter) were treated for complications.^{1,2} Various complications that may

occur due to arteriovenous fistula (AVF) are infections, stenosis, thrombosis, aneurysm, and pseudoaneurysm.¹ Studies stated that AVF was proven to be the safest risk of death due to infection, cardiovascular disease, and all-cause mortality for vascular access.¹⁻³

The type of AVF is divided into distal radial cephalic arms, mid-radial cephalic arms, and proximal brachiocephalic arms. A retrospective study states that distal radiocephalic AVF is among the safest and the gold standard in the selection of

hemodialysis. It had least re-intervention rate (17%, $p < 0.01$), and steal syndrome rate (0%, $p = 0.04$) and the high level of functional patency of AVF after one year (80.5%, $p < 0.001$) compare to other types of AVF.⁴ Steal syndrome is a condition that is felt by patients as a sensation of cold, pain, cramps, and reduced sensibility. Although the incidence is small, severe stealing syndrome is estimated to be between 0.5-5%.⁵ Risks for steal syndrome include the use of brachial arteries as inflow, diabetes, age >60 years, smokers, female sex, and history of repeated ipsilateral access.⁶

Although there was no gold-standard examination, there were various non-invasive predictors that can assess the degree of stealing, one of which is the digital brachial index (DBI) value. DBI of <0.6 is considered significant to assess the risk of stealing in patients.^{7,8} However, studies of DBI and steal syndrome are still quite limited. In this study, subjects with brachiocephalic AVF were assessed by hand ischemic questionnaire (HIQ) to determine its correlation with DBI.

METHOD

This study was a descriptive study using a cross-sectional design conducted in May - June 2019. Patients undergoing hemodialysis with upper arm native AVF access at Cipto Mangunkusumo Hospital, over 18 years old, and currently undergoing hemodialysis were included in the study criteria. Patients who had difficulty understanding language, cognitive impairments, and incomplete questionnaires were excluded from the study.

The selection of research subjects was done using the consecutive sampling method. DBI examination is performed on patients using the ATYS® plethysmograph to measure systolic digital pressure. DBI measurement using a finger pressure monitor at the index finger. DBI values <0.6 were considered significant to assess the risk of stealing in patients.

RESULTS

This study involved 80 subjects undergoing hemodialysis with upper arm native AVF access at Cipto Mangunkusumo Hospital, which met the study criteria. The characteristics of the research subjects can be seen in table 1.

Table 1. Characteristics of research subjects

Type	n = 80	%
Gender		
Men	37	46.2%
Women	43	53.8%
Age, median (min-max)	53	(14-77)
Type of AVF		
Brachiocephalic sinistra	73	91.2%
Brachiocephalic dextra	7	8.7%
Post Operation (month), median (min-max)	27	(6-118)
Comorbidity		
Diabetes mellitus	20	25%
Hypertension	70	87.5%
Polycystic kidney disease	2	2.5%
Nephrotic syndrome	8	10%

Research subjects were asked to complete a HIQ that assessed various symptoms of hand ischemia. From the results of normality test data, obtained abnormal distribution data ($p < 0.05$). Data are presented in table 2. The results of the DBI normality test was a normal distribution ($p = 0.171$, table 3).

Table 2. Characteristics of the HIQ

Variable	Median (min-max)
Total of HIQ	2,5 (0-70)
Cold	2,58 (0-19)
Pain	0 (0-17)
Sensibility	0 (0-18)
Motoric	0 (0-18)
Cramps	0 (0-20)

Table 3. Characteristics of DBI.

Variable	Mean	CI 95%
Digital Brachial Index	0.55 ± 0,13	0,52 - 0,58

From the correlation test obtained, DBI and HIQ had a strong correlation ($p < 0.001$, $r = -0.798$, figure 1).

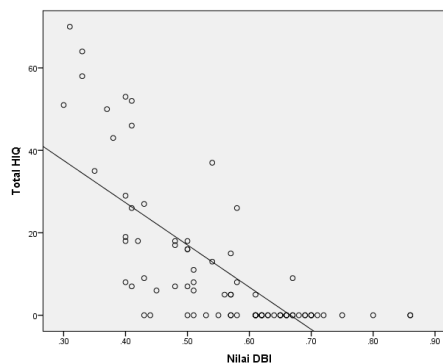


Figure 1. Random diagram of the correlation between HIQ and DBI values. Spearman correlation test analysis obtained a value of $p < 0.001$ with a correlation strength of $r = -0.798$ ($n = 80$).

The comparison between the results of the HIQ examination with DBI using a cut-off value of 0.6 was also analyzed. The comparison was assessed based on various HIQ categories based on the sum of the value, which includes normal, normal variation, and suggestive steal syndrome (table 4). Diagnostic tests were performed for HIQ, which were divided into <50 and ≥50 with DBI values of 0.6 as a reference standard (tables 5 and 6).

DISCUSSION

This study aims to know the correlation between the hand ischemic questionnaire (HIQ) with the digital brachial index (DBI) of the arm with the upper arm AVF as access to hemodialysis in diagnosing steal syndrome. The HIQ score itself is a questionnaire that has a cut-off value of 50 to be suggestive of steal syndrome. The DBI is an examination to measure the comparison of digital arterial pressure with the brachial artery. DBI is considered superior to confirm the diagnosis of steal

Table 4. Comparison of HIQ examination results with DBI above and below 0.6

		DBI			
		<0.6		≥0.6	
		n	%	n	%
Cold	Normal	26	44.8%	32	55.2%
	Abnormal	21	95.5%	1	4.5%
Pain	Normal	36	52.2%	33	47.8%
	Abnormal	11	100.0%	0	0.0%
Sensibility	Normal	32	50.0%	32	50.0%
	Abnormal	15	93.8%	1	6.2%
Motor	Normal	32	50.0%	32	50.0%
	Abnormal	15	93.8%	1	6.2%
Cramps	Normal	32	49.2%	33	50.8%
	Abnormal	15	100.0%	0	0.0%
HIQ categories	Normal	37	52.9%	33	47.1%
	Normal variation	4	100.0%	0	0.0%
	Suggestive steal syndrome	6	100.0%	0	0.0%

syndrome compared to other investigations.⁶ In this study DBI of <0.6 was used as a cut-off to determine which patients were suggestive of steal syndrome.

Table 5. Distribution of HIQ diagnostic tests <50 and ≥50 against DBI values <0.6

	DBI <0.6	DBI ≥0.6	Total
HIQ ≥50	6	0	6
HIQ <50	33	41	74
Total	39	41	80

Based on the data obtained from the total score of the HIQ, the minimum value was 0, and the maximum value was 70, with a median value of 3. This finding showed that the total value of the HIQ score was much lower when compared with another study conducted by Van Hoek et al.,⁹ who got a total HIQ score with a median of 258 ± 30. This was because there were different patient characteristics and examination methods. When compared with the previous study, they were using the HIQ questionnaire in hemodialysis patients who had clinically complained of ischemic symptoms in the hands of the fistula location. In contrast, in this study, the subjects of the study were all patients with ESRD who had undergone hemodialysis using an upper arm fistula with/without complaints of ischemic symptoms on the distal hand from the fistula location. The questionnaire filling method itself used the interview method because there were some difficulties in interpreting the terms intended in the questionnaire.

The results show that the HIQ questionnaire cannot be used as a tool for early detection of steal syndrome in a population of hemodialysis patients with native upper arm FAV without ischemic complaints at hand. However in patients who already have ischemic hand complaints, this questionnaire can be used because it has high specificity. This

result also has been proven in several previous studies.^{6,8,10} This HIQ questionnaire can also be used to evaluate symptom improvement in patients with steal syndrome who have undergone FAV repair procedures. Research by Gerricken et al. found that the HIQ value of patients after undergoing the FAV procedure for steal syndrome was improving, from 155 ± 33 to 42 ± 15.

From the DBI results, the smallest number was 0.36, and the biggest was 0.86, with a mean of 0.57, where the number was lower than 0.6, which was used as a cut-off in this study. However, it did not rule out the patient who did not have experience of the early symptoms of steal syndrome. This result was seen from 37 patients (52.9%) of this study with a normal HIQ score (≤35) but had a low DBI result <0.6. If the cut-off is reduced to <0.4, then the number of patients in the normal HIQ category with abnormal DBI decreases dramatically to only seven patients. The procedure for assessing DBI also needs attention because photoplethysmography is very sensitive to light, temperature, and movement.

The diagnostic test results between HIQ scores using a cut-off value ≥50 with a DBI value <0.6 as reference standard resulted in a sensitivity value of 15.3% and a specificity value of 100%, with a diagnostic accuracy of 58.75%. It was known that HIQ was not recommended as a screening tool for hemodialysis patients in general.

This study has several weaknesses, including the presence of bias in the selection of subjects and the method of the examination carried out. Further research is recommended to be performed only on native fistula arms patients undergoing hemodialysis without symptoms of steal syndrome so that the bias could be minimized. The patient also should fill the available questionnaire directly without being influenced by the explanation from the researcher.

CONCLUSION

Table 6. HIQ diagnostic test results using DBI as reference standard.

	Sensitivity	Specificity	PPV	NPV	Accuracy
HIQ to DBI	15,38 (7,2-29,7%)	100 (91,4-100%)	100 (61-100%)	55,4 (44,1-66,2%)	58,7 (47,8-68,9%)

PPV: positive predictive value, NPV: negative predictive value

There was a good correlation between Hand Ischemia Questionnaire (HIQ) scores and Digital Brachial Index (DBI) in patients undergoing Hemodialysis using Upper Arm Native Fistula. The use of HIQ as a screening tool in native upper arm AVF patients is less recommended, but its use for patients who are suggestive of stealing syndrome has good specificity results.

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